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| **For Immediate Release:**  [Date] | **Contact:** | **[**Name]  [Telephone]  [E-mail address] |

**Free Resource Helps Families Talk About Health Care Decisions**

*Your Hospice Providing Five Wishes in Celebration of National Hospice Month*

(City, State) – In recognition of how difficult it is for people to think about and discuss health care decisions, your hospice is distributing free copies of the nation’s most popular advance care planning resource, *Five Wishes*.

*Five Wishes* allows individuals and families to make important decisions in terms that are meaningful and understandable to them, and helps patients and families to more effectively communicate their decisions to health care providers. In addition to important medical issues, Five Wishes addresses matters of the heart and soul (comfort, family relationships, dignity, and spirituality) and encourages people to be specific about their wishes in their own words.

“We are… {quote from your CEO or spokesperson discussing the importance of advance care planning and your organization’s commitment to serving as a local resource for people of all ages and in all stages of life}.

Hospice offers relief from the pain and symptoms experienced by people living with advanced, serious illness. In addition to providing high-quality medical care, hospice provides psychosocial support and spiritual care to patients and their families. Hospice is available to anyone with a life-limiting illness when curative treatment is stopped.

Your hospice is celebrating National Hospice Month throughout the month of November by promoting the importance of thinking and talking about health care decisions well in advance of a serious illness or accident that may lead to someone being cared for by hospice.

Additional information about hospice and advance care planning is available on our website web URL or by calling telephone number. Anyone wishing a free copy of the *Five Wishes* resource can call telephone number.

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